



Providence Healthcare Foundation Invites You!
Free education session: “Caring for the Caregiver”

If you are a primary caregiver for a loved one or a Power of Attorney, this session is for you. Find out why taking care of yourself is just as important as caring for your loved one; where to access community resources; the key responsibilities of a POA; information about Long-term Care and Critical Illness Insurance.

Details: Thursday, February 25; 6:30-8:00 p.m.; Providence Hospital – Montcalm Conference Centre, 3rd Floor.

(Providence is at 3276 St. Clair Ave. E., corner of Warden & St. Clair Ave.)

Register by: Monday, February 22 to Meredith Scott at (416) 285-3666, Ext.4032.